



September 2015

Breakfast

Nsaa/norton Campus

Monday	Tuesday	Wednesday	Thursday	Friday
August 31, 2015	September 1, 2015	September 2, 2015	September 3, 2015	September 4, 2015
	WAFFLES Orange Juice Pineapple Tidbits Syrup Choice of Milk	APPLE JACKS REDUCED SUGAR Graham Crackers Blended Fruit Juice Fresh Plum Choice of Milk	BEEF SAUSAGE ON A BISCUIT Apple Cherry Juice Fresh Peach Ketchup Choice of Milk	MOZZARELLA STRING CHEESE Apple Muffin Grape Juice Fresh Banana Assorted Jelly Choice of Milk
September 7, 2015	September 8, 2015	September 9, 2015	September 10, 2015	September 11, 2015
LABOR DAY	CINNAMON TOAST CRUNCH Apple Breakfast Square Blended Fruit Juice Raisins Choice of Milk	RICE CHEX Spiced Grahams Fresh Apple* Choice of Milk	WAFFLES Fresh Banana* Orange Juice Syrup Choice of Milk	STRAWBERRY BANANA YOGURT Blueberry Muffin Fresh Apple* Assorted Jelly Choice of Milk
September 14, 2015	September 15, 2015	September 16, 2015	September 17, 2015	September 18, 2015
CHEERIOS Cinnamon Sky Minis Raisins Grape Juice Choice of Milk	MAPLE PANCAKES Diced Peaches Orange Juice Choice of Milk	MOZZARELLA STRING CHEESE Banana Muffin Fresh Apple* Assorted Jelly Choice of Milk	BREAKFAST BURRITO Fresh Orange* Blended Fruit Juice Taco Sauce Choice of Milk	MINI WHEATS LITTLE BITES Animal Grahams Fresh Apple* Choice of Milk
September 21, 2015	September 22, 2015	September 23, 2015	September 24, 2015	September 25, 2015
RICE KRISPIES Strawberry Waffle Crackers Raisins Apple Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT Mixed Fruit Cup Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Animal Grahams Fresh Apple* Choice of Milk	WHOLE GRAIN PANCAKES Fresh Banana* Grape Juice Syrup Choice of Milk	STRAWBERRY BANANA YOGURT Blueberry Muffin Fresh Apple* Assorted Jelly Choice of Milk
September 28, 2015	September 29, 2015	September 30, 2015	October 1, 2015	October 2, 2015
FROOT LOOPS REDUCED SUGAR Spiced Grahams Grape Juice Raisins Choice of Milk	BREAKFAST TOASTED CHEESE ON WHOLE WHEAT BREAD Diced Peaches Orange Juice Choice of Milk	MOZZARELLA STRING CHEESE Banana Muffin Fresh Apple* Assorted Jelly Choice of Milk		

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

**KEEP YOUR EYES OPEN FOR THESE YUMMY NEW LUNCH ITEMS!
PRETZEL DOG & CHICKEN SLIDERS**





September 2015

Lunch

NSAA/Norton Campus Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
August 31, 2015	September 1, 2015	September 2, 2015	September 3, 2015	September 4, 2015
	GRILLED CHEESE PANINI HOT DOG Hot Dog Bun Diced Pears Salad Bar Selections Mixed Greens Salad Broccoli Florets Jicama Sticks Red Peppers French Dressing Ketchup Mustard Choice of Milk	TURKEY AND CHEESE ON WHOLE WHEAT BREAD WG CHICKEN NUGGETS WITH POTATO ROUNDS Fresh Nectarine Salad Bar Selections Mixed Greens Salad Black Beans Pickle Chips Fresh Grape Tomatoes Light Ranch Dressing Mustard Ketchup WG Pretzel Choice of Milk	MINI CORN DOGS & CHICKEN FUN MIX TACO ENTREE SALAD Tortilla Chips Shredded Cheddar Cheese Fresh Plum Salad Bar Selections Mixed Greens Salad Black Eyed Peas Onions Cucumber Coins Thousand Island Dressing BBQ Sauce Ketchup Taco Sauce Choice of Milk	HAMBURGER W/POTATO ROUNDS Hamburger Bun PEPPERONI PIZZA Pineapple Tidbits Salad Bar Selections Mixed Greens Salad Fresh Zucchini Coins Cauliflower Florets Carrot Sticks French Dressing Ketchup Mustard Choice of Milk
September 7, 2015	September 8, 2015	September 9, 2015	September 10, 2015	September 11, 2015
LABOR DAY	PIZZA DIPPERS Marinara Dipping Sauce CHEESE SANDWICH ON WHOLE WHEAT BREAD Orange Sorbet 100% Juice Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	CHEESEBURGER Hamburger Bun Mustard Ketchup TURKEY HAM & CHEESE PANINI Fresh Banana Salad Bar Selections Mixed Greens Salad Broccoli Florets Pickle Chips Crunchy Celery Sticks Light Ranch Dressing Choice of Milk	POPCORN CHICKEN SALAD CROUTONS Shredded Cheddar Cheese BEEF & CHEESE BURRITO Taco Sauce Fresh Apple* Salad Bar Selections Mixed Greens Salad Cucumber Coins Onions Garbanzo Beans Thousand Island Dressing Choice of Milk	*NEW ITEM* CHICKEN SLIDERS BBQ Sauce TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Fresh Pear* Salad Bar Selections Mixed Greens Salad Fresh Zucchini Coins Red Peppers Cauliflower Florets French Dressing Choice of Milk
September 14, 2015	September 15, 2015	September 16, 2015	September 17, 2015	September 18, 2015
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Whole Wheat Bread CHEESE SANDWICH ON WHOLE WHEAT BREAD Applesauce Cup Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	MEATBALLS W/ TOMATO SAUCE Hot Dog Bun TACO SALAD Shredded Cheddar Cheese CROUTONS Diced Pears Cheddar Sun Chips Salad Bar Selections Mixed Greens Salad Jicama Sticks Fresh Zucchini Coins Broccoli Florets French Dressing Choice of Milk	*NEW ITEM* PRETZEL DOG Mustard Ketchup TURKEY AND CHEESE ON WHOLE WHEAT BREAD Fresh Orange* Salad Bar Selections Mixed Greens Salad Black Eyed Peas Red Peppers Cauliflower Florets Light Ranch Dressing Choice of Milk	POPCORN CHICKEN SALAD Shredded Cheddar Cheese CROUTONS PIZZA DIPPERS Marinara Dipping Sauce Fresh Apple Slices Salad Bar Selections Mixed Greens Salad Fresh Grape Tomatoes Green Beans Cucumber Coins French Dressing Choice of Milk	CHEESEBURGER Hamburger Bun Ketchup Mustard TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Fresh Banana* Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Crunchy Celery Sticks Thousand Island Dressing Choice of Milk
September 21, 2015	September 22, 2015	September 23, 2015	September 24, 2015	September 25, 2015
PIZZA DIPPERS Marinara Dipping Sauce TURKEY AND CHEESE ON WHOLE WHEAT BREAD Orange Sorbet 100% Juice Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	MACARONI & CHEESE TACO SALAD Shredded Cheddar Cheese CROUTONS Strawberry Applesauce Graham Crackers Salad Bar Selections Mixed Greens Salad Broccoli Florets Red Peppers Jicama Sticks Light French Dressing Choice of Milk	CHEESEBURGER Hamburger Bun Mustard Ketchup TURKEY HAM & CHEESE PANINI Fresh Banana Salad Bar Selections Mixed Greens Salad Broccoli Florets Pickle Chips Crunchy Celery Sticks Light Ranch Dressing Choice of Milk	POPCORN CHICKEN SALAD CROUTONS Shredded Cheddar Cheese BEEF & CHEESE BURRITO Fresh Apple* Salad Bar Selections Mixed Greens Salad Cucumber Coins Onions Garbanzo Beans Thousand Island Dressing Choice of Milk	CHICKEN SLIDERS BBQ Sauce TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Fresh Pear* Salad Bar Selections Mixed Greens Salad Fresh Zucchini Coins Red Peppers Cauliflower Florets Light Italian Dressing Choice of Milk
September 28, 2015	September 29, 2015	September 30, 2015	October 1, 2015	October 2, 2015
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Whole Wheat Bread CHEESE SANDWICH ON WHOLE WHEAT BREAD Applesauce Cup Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	MEATBALLS W/ TOMATO SAUCE Hot Dog Bun TACO SALAD Shredded Cheddar Cheese CROUTONS Diced Pears Cheddar Sun Chips Salad Bar Selections Mixed Greens Salad Jicama Sticks Fresh Zucchini Coins Broccoli Florets French Dressing Choice of Milk	PRETZEL DOG Mustard Ketchup TURKEY AND CHEESE ON WHOLE WHEAT BREAD Fresh Orange* Salad Bar Selections Mixed Greens Salad Black Eyed Peas Red Peppers Cauliflower Florets Light Ranch Dressing Choice of Milk		

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